

Roadrunner Chronicle

PYLE EDITION

JANUARY 2021

PYLE **ADULT** RECREATION CENTER

655 E. Southern Ave. Tempe, AZ 85282

www.tempe.gov/pyle

(480)350-5211 TTY: (480)350-5050

> Send in your best or favorite recipe with a story (either personal or historical) and be entered in the drawing for a fun prize. Recipes may be featured in a future publication. Recipes are due by 12 pm on Friday, January 22. Use the registration code to let us know you are participating and email your recipe to: amy bowman@tempe.gov with "Recipe

> Contest" in the subject line. This activity is

Hey, Good fookin'... Whatcha Got Lookin'? Recipe Contest

> **Recipe Submission Deadline:** Friday, January 22 by 12pm

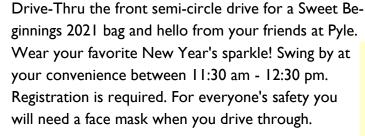
Registration Code: 70335

FREE Email entry to:

amy_bowman@tempe.gov

Tempe Parks and Recreation's Pyle and Cahill Centers remain **CLOSED** until further notice.







Tuesday, January 19 11:30—12:30 pm

Registration Code: 70334

FREE



Humbug-At-Home Photo Contest Winner





Congratulations to Lin L. who won our "Grouchy, Grinchy Photo Contest" last month. She received a goody bag and grocery gift card. Thank you to all who participated.

Join Pyle's Virtual Art Gallery

Calling ALL Artists....Have you found the pandemic to be a creatively fruitful time? Pyle artists are invited to share a photograph of a piece of art in the Pyle Virtual Gallery planned for February. Please register using the code below, and you will receive instructions on how to submit a photo of your artwork to the gallery. A link to the Pyle Virtual Gallery will be available for visitors to the online show in early February. All mediums welcome.

By Friday, January 29

Johnny Marzetti Stove-Top Goulash

Enjoy this easy and hearty stove-top Midwestern goulash. Hot and filling, this dish invites any creative add-ins that sound good to your taste buds! The recipe was developed in Columbus, Ohio by Teresa Marzetti, who immigrated to the United States from Florence, Italy in 1896. Later Marzetti opened an Italian restaurant near Ohio State University. The restaurant closed in 1942. The Johnny Marzetti dish was created to satisfy hungry students inexpensively and sold for 45 cents. It was named after Teresa's brother-in-law. Even though the restaurant closed in 1942 the popular dish became a hit made its way onto public school cafeteria menus. There have been many variations shared over the years.

Ingredients

Olive oil

- 1 lb mild Italian sausage (can substitute part or all ground beef or ground turkey)
- 1/2 cup chopped onion
- 1 Tablespoon minced garlic
- 1 15-16 ounce can petit diced tomatoes (fire roasted adds great flavor)
- 1 Teaspoon Dijon Mustard
- 1 Tablespoon Italian Seasoning
- 1/2 Teaspoon Salt

- 1/2 Teaspoon Pepper
- 2 Cups Macaroni
- 3 1/2 Cups Low-Sodium Broth (beef, chicken or vegetable) or Water
- 1/2 Cup Sour Cream
- 1 1/2 Cups Shredded Cheddar Cheese

Registration Code: 70331



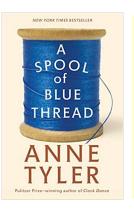
Directions

- 1. Cook the meat, onion and garlic in a large skillet over medium high heat until no longer pink. Drain grease and return meat to the pan.
- 2. Reduce heat to low and add the tomatoes, mustard, seasonings, macaroni and broth to the pan and stir well to combine.
- 3. Cover and simmer for 12-15 minutes until macaroni is cooked through.
- 4. Remove pan from heat and stir in the sour cream.
- 5. Return the pan to the warm burner and stir in the shredded cheese until well combined.

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January's Pyle Book Club Meeting Online

Use your Tempe Public Library card to borrow a copy or to access OverDrive digital checkouts of this month's selection, "A Spool of Blue Thread" by Anne Tyler. The changing needs of aging parents impact a family gathering during which Abby Whitshank relates how her husband and she fell in love during the summer of 1959. and shares decades of marriage impacted by children and long-held secrets. Read this novel by this Pulitzer Prize winning author and then participate in a guided discussion with other Pyle patrons via Zoom.



Friday, January 29

9-I Iam

Registration Code: 70305

FREE

Call Pyle's Front Desk: 480-350-5211

Pyle Groups Meeting Online

The Pyle Center has many groups still meeting online via the Zoom app. If you are interested in joining any group, call Pyle's Front Desk to register and have the link/meeting ID emailed to you.

Want to suggest an activity or group not listed? Email Amy at: amy_bowman@tempe.gov with your request.

BOOK CLUB:

This month's meeting is on Friday, Jan. 29, 9-11 a.m. The book is: A Spool of Blue Thread by Anne Tyler (see above). **70305**

CURRENT EVENTS DISCUSSION GROUP:

Thursdays, I-3 p.m. Discuss current events, politics, books, events, movies, etc. **68767**

LOONEY TOONERS KITCHEN BAND:

The band meets every Wednesday, 8:30-9:30 a.m. **70306**

NEEDLEWIELDERS:

Continue to work on projects at their homes. Creating handcrafted items for charity in a fun, social environment. Call the front desk for more information or to be added to the NW contact list.

ONLINE HELP FOR COMPLETING YOUR TAXES

Tempe Community Council: 480-858-2300

https://www.tempecommunitycouncil.org/free-tax-preparation/

AARP Foundation: https://taxaideqa.aarp.org/hc/en-us

I-888-OUR-AARP (I-888-687-2277)

H & R Block and United Way Sponsored: https://www.myfreetaxes.com/

Internal Revenue Service: https://www.irs.gov/individuals

Please note, no in person Tax Aide is planned at the Pyle Center at this time

In To See Your Favorite Pyle Instructors

Registration opens
February 16 for
Tempe Residents
and February 22
for Non-Residents
for the Spring Session, which begins
the week of
March 15.

Register online at: tempe.gov/brochure

or call Pyle's front desk at 480-350-5211 to register over the phone.



Spring Session 2021—Pyle Virtual Classes

Code	Class	Day	Start	End	Time	Length	Fee
69757	Acrylic Painting; Beginning	Thu	3/18	5/6	10:00 AM	2h	\$48.00
69774	Watercolor Painting; Continuing	Thu	3/18	5/27	12:30 PM	2h	\$66.00
69775	Watercolor Painting; Intro	Wed	3/17	5/26	1:00 PM	2h	\$66.00
69764	Line Dance; Beginning	Mon	3/15	5/24	2:00 PM	1h	\$44.00
69765	Line Dance; Intermediate	Mon	3/15	5/24	3:05 PM	1h	\$44.00
69769	Tap Dance; Beginning	Tue/ Thu	3/16	5/27	10:25 AM	55m	\$66.00
69770	Tap Dance; Intermediate	Tue/ Thu	3/16	5/27	9:15 AM	55m	\$66.00
69758	Bones and Balance: FF	Mon	3/15	5/24	10:30 AM	45m	\$33.00
69759	Bones and Balance: FF	Wed	3/17	5/26	10:30 AM	45m	\$30.00
69760	Chair Yoga	Tue	3/16	5/25	9:15 AM	1h	\$44.00
69761	Chair Yoga	Wed	3/17	5/26	9:15 AM	1h	\$40.00
69762	Chair Yoga	Fri	3/19	5/28	9:15 AM	1h	\$44.00
69763	Gentle Yoga	Tue	3/16	5/25	12:15 PM	1h	\$44.00
69908	Gentle Joint Cardio	Wed	3/17	5/26	10:30 AM	1h	\$40.00
69766	Seated Strength Training	Thu	3/18	5/27	10:15 AM	45m	\$33.00
69767	Tai Chi/Body Balance I	Mon	3/15	5/24	11:45 AM	1h	\$44.00
69768	Tai Chi/Body Balance I	Wed	3/17	5/26	11:45 AM	1h	\$40.00
69771	Toners & Shapers	Mon	3/15	5/24	9:15 AM	1h	\$44.00
69772	Toners & Shapers	Wed	3/17	5/26	9:15 AM	1h	\$40.00
69773	Toners & Shapers	Fri	3/19	5/28	9:15 AM	1h	\$44.00
69776	Yin Yoga; Virtual	Tue	3/16	5/25	8:05 AM	55m	\$44.00
69777	Yoga Nidra Guided Meditation	Thu	3/18	5/27	8:35 AM	55m	\$44.00
69778	Zumba for 50+	Tue	3/16	5/25	11:35 AM	55m	\$44.00
69779	Zumba for 50+	Fri	3/19	5/28	10:35 AM	55m	\$44.00
69780	Zumba Toning	Mon	3/15	5/24	8:05 AM	55m	\$44.00
69781	Zumba Toning	Wed	3/17	5/26	8:05 AM	55m	\$40.00
69782	Zumba Toning	Fri	3/19	5/28	8:05 AM	55m	\$44.00

Line Dance with Fran Returns on March 15

If you are already missing Fran's Virtual Line Dance class, then get ready to sign up for her Spring classes when registration opens for Tempe Residents on February 16 (Non-Residents on February 22).

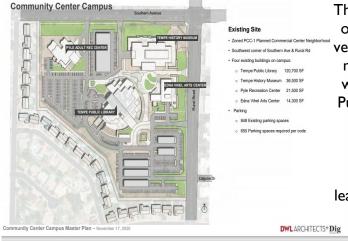
Fran needed to step away from teaching her Line Dance classes this session when she landed an amazing job opportunity. Lucky for us, Fran is able to return to Pyle in March on Mondays and instruct both beginning and intermediate Line Dance students.

69764 Line Dance; Beginning 3/15 to 5/24 2:00 PM Ih \$44.00

69765 Line Dance; Intermediate 3/15 to 5/24 3:05 PM Ih \$44.00



Learn More About Pyle's 30 Year Plan



The Tempe Community Center Campus at the southwest corner of Rural Rd and Southern Ave has a new Master Plan under development. Several plans are being considered to follow as a road map to development of the area over the next 30 years. Along with Pyle, the Edna Arts Center, Tempe's History Museum and Public Library buildings currently make up the campus—which is also home to several other service offices like Housing, Kid Zone, HOPE and Parks & Recreation.

If you missed the online forum, please visit the link below to learn more about the project goals, its timeline and the proposed plans for improvements.

COMMUNITY CENTER CAMPUS MASTERPLAN (tempe.gov)

Connect with Pyle Community—Free Tech Help

Are you ready to get back to some of your favorite activities and people at Pyle? While the building remains closed, we are open for virtual business and offering many ways to help you stay active and engaged as the center's closure continues. Don't let technology fears stop you from getting your tablet, laptop, desktop or smartphone set up for virtual connecting. If you are willing to try, we can help you learn to Zoom!

ONE ON ONE TECH TIME

Mondays: 10:00 a.m. – 12:00 p.m. Registration Code: 70307

Fridays: 1:00 p.m. – 3:00 p.m.

Registration Code: 70308

Call for an appointment:

480-350-5211



The Arizona Area Agency on Aging has a 24-Hour Senior HELP LINE: 602-264-4357.

It can assist you in navigating resources in Maricopa County.

The City of Tempe

cares about your health, wellbeing and other concerns.
Of course, if it's an emergency, you should call 911.
If you need information on city resources or less immediate help you can begin with

480-350-4311 or

reaching out to Tempe 311:

https:// www.tempe.gov/311

Delightful December Drive-Thrus!

Drive Thru events in December were a creative way to connect safely. It's not what we're used to doing, but we are making the best out of our current situation! Join us for January's Drive Thru event on Tuesday, January 19 between 11:30 am and 12:30 pm. (details on page 1).



















"Make & Take" Becomes "Take & Make"

Looking for a free, fun and creative monthly activity? Drive-Thru and grab a **Take & Make Craft** packet--take your art project home and make it there. Materials and instructions are included. Please register so there are enough packets for all who would like to participate. Packet pick up is scheduled for Tuesday, January 26 from 1:30-3:00 pm This activity is free.

Tuesday, January 26

From 1:30—3:00 p.m.

Registration Code: 70336

Call Pyle's Front Desk: 480-350-5211 when you're on your way or out front and we will mask up and bring out your Take & Make Craft Packet.